The Centers for Kidney Care

1133 Medical Drive, Tyler, TX 75701
Phone (903) 595-5486 Fax (903) 595-5182

635 Stone Avenue, Paris, TX 75460
Phone (903) 785-3300 Fax (903) 785-3310

BLOOD PRESSURE / BLOOD SUGAR LOG

Name _____ DOB _____

				Blood Sugar	Blood Sugar
DATE	Blood Pressure	Pulse	Weight	Before Breakfast	After Dinner (2 hours)
	Goal: <135 / <80			Goal: 80 - 120	Goal: 160 - 180